

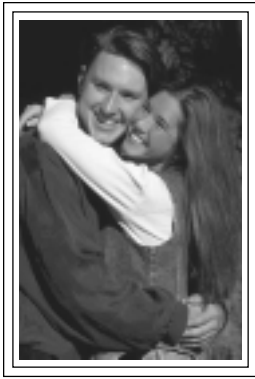
# Dating Violence

## A Guide for Parents

from

Utah Attorney General  
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1-800-AG4-INFO



## Warning Signs of Abuse

- Unexplained injuries
- Fear of partner
- Partner checks up on teen
- Verbal abuse by partner, such as name-calling and demeaning comments
- Gives up things that are important, such as school, friends, time with family, activities, and interests
- Apologizes for partner's behavior
- Partner abuses other people, animals, or things
- Change in appearance or behavior

## Dynamics of an Abusive Relationship

### Reasons for abuse

- Power and control
- Jealousy
- Peer pressure and gender roles
- Abuse during childhood
- Insecurity
- Uncontrollable anger

### Why a victim stays

- Hope, fear, and love
- Feels trapped
- Bonds with abuser
- Lacks resources

## What Parents of Victims Can Do

- Take calm, positive action
- Ask questions and listen
- Set limits
- Respect your teen's choices
- Keep channels of communication open
- Set up a safe plan
- Avoid power struggles with your teen
- Manage your frustration
- Deal with anger
- Resolve conflicts

## What Parents of Abusive Teens Can Do

- Recognize abusive behavior
- Confront' your teen's abusive behavior
- Contact the parents of your teen's partner
- Seek help and support for you and your teen

**If you are in an abusive relationship,  
tell a friend or relative you can trust.**

**Call your local community center:**

Blanding/Monticello Safehouse	1-435-678-1491
Brigham City YWCA	1-435-723-5600
Cedar City Canyon Creek Women's Crisis Ctr	1-435-865-7443
Davis County Domestic Violence Shelter	1-801-444-9161
Logan CAPSA	1-435-753-2500
Moab Seekhaven	1-435-259-2229
Davis Teen Line (6 pm-10 pm Mon-Fri)	1-800-479-8336
Ogden YCC	1-801-392-7273
Park City Peace House	1-435-647-9161
Provo Center for Women & Children in Crisis	1-801-377-5500
Richfield New Horizons	1-800-343-6302 1-435-896-9294
Salt Lake City YWCA	1-801-537-8600
South Salt Lake Valley Sanctuary	1-801-255-1095
St. George Dove Center	1-435-628-0458
Tooele Safehouse	1-800-833-5515 1-435-833-7350
Vernal Women's Crisis Ctr	1-435-790-7564 1-435-781-4670

or call

### Utah Domestic Violence Info Line

**1-800-897-LINK (5465)**

(Toll-free daily 8:30 am - 9:00 pm)

### National Domestic Violence Hotline

**1-800-799-SAFE (7233)**

(Toll-free 24 hours)

### Utah Rape Recovery Center

**1-888-421-1100**

(Toll-free 24 hours)

**For emergencies, call 911**

**Dial 0** for local collect calls